

I HAVE A LINK

MATERIALS |

None

OBJECTIVES | The objectives of this activity are for participants to realize how much they have in common and to build community by having fun together.

FACILITATOR INSTRUCTIONS |

Ask participants to sit or stand in a circle. Ask for a volunteer to go first or go first yourself.

The first participant stands in the middle of the circle and says, "I have a link..." and then says something that is true about themselves. For example, "I have a link, I like the color blue."

If the statement is true for another member of the group, they come and link elbows with the first person. They then add their own link by saying "I have a link" and making a statement that is true about themselves. If the statement is true for multiple people in the group, the link is made with whomever arrives first. Alternatively you could invite everyone for whom it is true to link arms at the same time. This will likely create a sillier experience that is less reflective and may be more difficult to manage.

If the person makes a statement that no one else in the room can link to, they can continue identifying other links until one connects. For example, if no one else in the room like blue, the first person might say, "I have a link, summer is my favorite season." Alternatively, if a link cannot be found, someone else with a free elbow can take another turn.

Continue until everyone in the room is linked together. This will require that the final two people find a link with each other.

DEBRIEF QUESTIONS |

- How did it feel to do this activity?
- What did we learn about ourselves and each other in this process?
- How can we use what we learned about each other to better work together this year?



SUPPORTING MEDIA |

<https://www.michiganlearning.org/recognizing-commonalities/>

NOTES |

This activity requires that participants touch each other which may not be appropriate in all groups or situations.