

IN 20 YEARS

MATERIALS |

Paper and writing utensils

OPTIONAL: create a
handout to accompany

OBJECTIVES | The objectives of this activity are for participants to begin thinking about their future in order to set goals and for teachers to learn how students see themselves and what they think their possible futures will look like.

FACILITATOR INSTRUCTIONS |

Ask participants to individually answer the following questions:

In 20 years I will be _____ years old
I HOPE to be living in _____
I HOPE to be doing _____ with my time
I HOPE my family will consist of _____
I HOPE my friends will be _____

I worry that I will ACTUALLY BE living in _____
I worry that I will ACTUALLY BE doing _____
I worry that my family will ACTUALLY CONSIST of _____
I worry that my friends will ACTUALLY BE _____

Invite participants to find a partner to share their answer with.

After both people have had a chance to share ask them to find a new partner and share again.

DEBRIEF QUESTIONS |

- How did it feel to do this activity?
- Were there differences between what you hope will happen and what you think will actually happen? Why do you think that is?



SUPPORTING MEDIA |

<https://www.michiganlearning.org/goals-and-aspirations/>

NOTES |

ALTERNATIVE: Invite participants to come up with questions they would like to consider rather than providing questions.

Consider doing the same activity with different years. For example, “in 5 years” or “in 10 years,” etc.