

NAME DASH

MATERIALS |

None

OBJECTIVES | The objectives of this activity are for participants to learn each other's names and build community by having fun together.

FACILITATOR INSTRUCTIONS |

Ask participants to stand or sit in a circle.

Each participant says or signs their name in the order they are standing in as clearly as possible so that everyone in the circle can hear and/or see them.

Continue going around the circle, saying or signing your name, increasing the speed until you do it as fast as you can as a group.

Do the dash clockwise and counter-clockwise and time which way is faster.

Then repeat doing it as slowly as possible.

DEBRIEF QUESTIONS |

- How did it feel to do this activity?
- Why is it important to know each other's names?
- How did we treat each other when we were doing this? Were we kind?



SUPPORTING MEDIA |

<https://www.michiganlearning.org/icebreakers-and-name-games/>

NOTES |

ACCESSIBILITY: This activity can be done using sign language and can be done seated or standing