

# ABOUT ME POSTER

## MATERIALS |

paper and craft materials such as markers, glue or tape, magazines,

OPTIONAL: Printed photos of each participants

**OBJECTIVES |** The objectives of this activity are for participants to learn more about the lives and backgrounds of others, to practice deep listening, and to build meaningful relationships with each other.

## FACILITATOR INSTRUCTIONS |

Provide each participant with a large piece of paper or cardstock. This will be their “About Me” Poster.

If you are using photos instruct participants to attach their picture somewhere on the paper.

Invite participants to think back to all of the activities they have done thus far and to use their reflection to make a creative poster that encapsulates who they are.

Some things they may want to include:

- What names they like to be called
- Who they consider to be part of their families
- What their homes or neighborhoods are like
- What their favorite hobbies, songs, tv shows, or video games are
- What they enjoy reading or learning about
- What they value
- What makes them feel at home
- What their goals are for the future

When participants finish their posters invite them to find 3 other people in the room to share with.

With each person they should identify three things they have in common and three ways they are different.

## DEBRIEF QUESTIONS |

- How did it feel to do this activity?
- What did you learn about your classmates today?
- Was there anything surprising about what you had in common or how you are different?
- How can we use what we learned about each other to better work together this year?



## SUPPORTING MEDIA |

<https://www.michiganlearning.org/sharing-who-we-are/>

## NOTES |

If you ask students to bring a picture of themselves to school or that facilitators take and print pictures. Consider how this request could affect participants from various backgrounds.

EXTENSION: Cut pieces of string or yarn in two different colors. Post “About Me” posters on a wall. Use one color of string to connect posters that have things in common. Use the other color of string to connect things that are different. Discuss the importance similarities and differences.