

# VISUALIZING OUR NORMS

## MATERIALS |

flip chart paper  
markers

**OBJECTIVES |** The objective of this activity is to practice living into the agreed upon norms in order to create a community that is supportive and inclusive.

## FACILITATOR INSTRUCTIONS |

Write each of your agreed upon norms on a large piece of flip chart paper or a blackboard and post around the room (see “Community Norms” activity).

Divide participants into small groups based on the number of norms around the room.

Direct each small group to come up with a concrete example of what it looks like to abide by the norm (you could also ask them to come up with what it looks like if they are violating the norm). You might want to use the “looks like,” “sounds like,” “feels like” protocol as a means of generating ideas. They could write, draw, or act something out. Be as creative as possible!

Invite each group to share their example with the larger group.

Each group can open the floor for questions and additional comments after their presentation.

The large group will then agree upon the established norms which will be posted in the room.

## DEBRIEF QUESTIONS |

- How did it feel to do this activity?
- What is one norm that you think you will do well?
- What is one norm that you think is going to be hard for you?
- What can we do to help you?



## SUPPORTING MEDIA |

<https://www.michiganlearning.org/creating-community-norms/>

## NOTES |

This activity requires you have established community norms or rules.

This may be a time to double check that your norms are clear and relevant. If not now is an opportunity to change them.

You may consider having participants sign their name to support the norms by creating a “Class Pledge/Constitution/Contract.”